Deliverable 1.2

Case finding analyses

Lead Partner: TU/e

Authors: Rens Brankaert

Date: March 2016

Revision: V1.0

Dissemination Level: PUBLIC



Project Acronym: ENSAFE

Project full title: Elderly-oriented, Network-based Services Aimed at independent liFE

AAL project number: AAL 2014-1-112

With support of:









Content

| 1 | Summary | . 3 |
|---|---------|-----|
| 2 | Results | 4 |





1 Summary

The ENSAFE project is initiated to look in to the future of supporting elderly by technology. Elderly are motivated to live at their own home for as long as possible while at the same time the care availability is suppressed. Technology could play a major role to solve this trend and create a beneficial situation. To achieve this we need to know how elderly persons deal with technology and in what parts of their life they would want it to play an important role.

Therefore we asked seniors from Sweden, Italy, United Kingdom and the Netherlands to fulfil a survey. They survey included questions about demographic measures, technology use, daily activities, mobility and health conditions. Around 100 seniors in each country participated in this survey study, which could be done digitally or physically. The most important results and conclusions are presented in the next chapter and will serve as input for the focus groups and service development of the ENSAFE system.





2 Results

| Totals: |
|---|
| Full responses: 358 |
| Incomplete responses (definition): 60 |
| Total responses: 418 |
| |
| Selecting legitimate responses: |
| From the 60 incomplete responses: |
| - 40 records were removed because they did not provide any answers. |
| - 8 were removed because they answered <10 questions and did not add substantial content. |
| - 12 were included in the analysis as they answered >20 questions and did add substantial content in each of the relevant fields. |
| From the 358 complete responses: |
| - 2 were removed because they answered <20 questions, and did not provide sufficient geographical data. |
| To conclude: |
| The total number of participants included was 358 + 12 - 2 = |
| 368 active records. |





Results

Based on our discussion an analysis of the most relevant questions of the questionnaire were performed.

Geographical data

1. Country of residence

Total 368 participants:

108 from UK, 88 from NL, 70 from IT and 102 from SE.

2. Age distribution

| Summary TOTAL | | | | | | | |
|-------------------------------|-------|------------|--|--|--|--|--|
| In what age category are you? | | | | | | | |
| Answer | Count | Percentage | | | | | |
| Under 55 (A1) | 14 | 3.80% | | | | | |
| 55 - 65 (A2) | 37 | 10.05% | | | | | |
| 65 - 75 (A3) | 144 | 39.13% | | | | | |
| 75 - 85 (A4) | 131 | 35.60% | | | | | |
| Above 85 (A5) | 41 | 11.14% | | | | | |
| Not applicable | 1 | 0.27% | | | | | |

Per country:

| | A1 | A2 | A3 | A4 | A5 |
|----|----|----|----|----|----|
| UK | 8 | 17 | 37 | 43 | 3 |
| NL | 3 | 9 | 48 | 26 | 2 |
| IT | 3 | 9 | 41 | 20 | 7 |
| SE | 0 | 2 | 28 | 42 | 29 |





The only deviation in this data is that among the participants from Sweden there were much more people aged above 85, and less aged under 65.

3. Sex distribution

| Field summary for Q02 | | | | | | | |
|--------------------------------|-------|------------|--|--|--|--|--|
| What is your sex? | | | | | | | |
| Answer | Count | Percentage | | | | | |
| Male (A1) | 144 | 39.13% | | | | | |
| Female (A2) | 224 | 60.87% | | | | | |
| No answer | 0 | 0.00% | | | | | |
| Not completed or Not displayed | 0 | 0.00% | | | | | |

Per country:

| | Male | Female |
|----|------|--------|
| UK | 48 | 60 |
| NL | 46 | 42 |
| IT | 30 | 40 |
| SE | 30 | 72 |

In general more females participated (expect in the Netherlands), In Sweden a significant more amount of women participated.





4. Living situation

Field summary for Q03

How would you describe your current situation?

| Answer | Count | Percentage |
|------------------------------------|-------|------------|
| I live by myself (indepedent) (A1) | 137 | 37.23% |
| I Live with my partner (A2) | 201 | 54.62% |
| I live with my children (A3) | 7 | 1.90% |
| I live in a care home (A4) | 8 | 2.17% |
| Other Browse | 10 | 2.72% |

Vivo con badante (I live with caregivers)

madre (Mother)

in een zorgomgeving (In a care environment)

zorgomgeving (Care environment)

Retirement Village

korttidsboende var 14:e dag , hemtjänst sitter i rullstol.

(Short term was 14 days, home care in wheelchairs)

änka sedan majmånad 2015 (Widow since may 2015)

Med partner och ett barn (With partner and child)

vivo con il compagno e la figlia (I live with daughter and her boyfriend)

Adult Autistic Daughter

Badante (Caregivers)

Badante (Caregivers)

No answer 5 1.36%





Per country:

| | A1 | A2 | A3 | A4 | Other/no A. |
|----|----|----|----|----|-------------|
| UK | 36 | 62 | 2 | 1 | 4/3 |
| NL | 18 | 67 | 0 | 1 | 2/2 |
| IT | 16 | 39 | 5 | 5 | 5/0 |
| SE | 67 | 33 | 0 | 1 | 1/0 |

Represents the general statistics, however in Sweden more people live by themselves compared to the other environments.

5. Level of education

| Field summary for Q04 | | | | | | | | |
|--|-------|------------|--|--|--|--|--|--|
| What is your highest level of qualification? | | | | | | | | |
| Answer | Count | Percentage | | | | | | |
| None (SQ001) | 94 | 25.54% | | | | | | |
| NVQ (SQ002) | 50 | 13.59% | | | | | | |
| O-level/GCE/GCSE (SQ003) | 86 | 23.37% | | | | | | |
| A-level (SQ004) | 65 | 17.66% | | | | | | |
| Degree (SQ005) | 73 | 19.84% | | | | | | |
| Higher Degree (SQ006) | 27 | 7.34% | | | | | | |
| Not completed or Not displayed | 14 | 3.80% | | | | | | |

This is impossible to access per country as everyone has their own grading system. In general we can say: about 25% did not have any education, about 25% has a degree or higher degree, about 50% is in between these.





Technology

1. Technology is used for

Field summary for Q11 What technology do you use? Count **Answer** Percentage Desktop computer (SQ001) 203 55.16% Mobile phone (SQ002) 238 64.67% Tablet (SQ003) 186 50.54% e-reader (SQ004) 11.14% 41 Mobile smartphone (with internet) (SQ005) 116 31.52% Digital Camera (SQ006) 128 34.78% TV with internet (SQ007) 90 24.46% Digital care services (TV, Tablet or Desktop) (SQ008) 12 3.26%

Browse

33

niets aanwezig van dit alles (none of these)

geen (none)

Mobiele telefoon (mobile phone)

HAM shortwave radio (Radio)

Telefono di casa fisso (Landline)

Televisione (TV)

Radio (Radio)

NVT (not applicable)

TV (TV)

8.97%





| Field summary for Q11 | | | | | | |
|--|-----------------------|------------|--|--|--|--|
| What tech | nology do you use? | | | | | |
| Answer | Count | Percentage | | | | |
| Niente (No) | | | | | | |
| Lap top (laptop) | | | | | | |
| ej it p.g.a synbortfall | | | | | | |
| Inga- Demens (none, Dementia) | | | | | | |
| Ingetdera (None of these) | | | | | | |
| nessuno (none) | | | | | | |
| inget svar (no answer) | | | | | | |
| inget svar (no answer) | | | | | | |
| inget svar (no answer) | | | | | | |
| inget av dessa (None of these) | | | | | | |
| inget svar (no Answer) | | | | | | |
| hemtjänst (home care) | | | | | | |
| gammal dator för att skriva memoaret (Old comput | er to write memoaret) | | | | | |
| inget svar (No Answer) | | | | | | |
| nessuno (none) | | | | | | |
| Fotocamera digitale (Digital Camera) | | | | | | |
| beställer mat (order food) | | | | | | |
| inget svar (No answer) | | | | | | |
| nessuna (None) | | | | | | |
| Nessuna (None) | | | | | | |





Per country (Number and percentage):

| | SQ001: | SQ002: | SQ003: | SQ004: | SQ005: | SQ006: | SQ007: | SQ008: | Other: |
|----|-----------|-----------|-----------|--------------|--------------|--------------|-----------|---------|--------|
| | Desktop | M. Pho. | Tablet | e-read. | S. Pho | Dig. Ca. | TV w. In | Care S | |
| UK | 61 56,48% | 74 68,52% | 56 51,85% | 16 14,81% | 36 33,33% | 53 49,07% | 26 24,07% | 3 2,78% | х |
| NL | 69 78,41% | 54 61,36% | 52 59,09% | 12 13,64% | 29 32,95% | 42 47,73% | 43 48,86% | 4,55% | х |
| IT | 25 35,71% | 37 52,86% | 22 31,43% | 12 17,14% | 30 42,86% | 11 15,71% | 10 14,29% | 5,71% | х |
| SE | 48 47,06% | 73 71,57% | 56 54,90% | 1 0,98% | 21 20,59% | 22 21,57% | 11 10,78% | 0,98% | х |

Desktop computer (SQ001)

Mobile phone (SQ002)

Tablet (SQ003)

e-reader (SQ004)

Mobile smartphone (with internet) (SQ005)

Digital Camera (SQ006)

TV with internet (SQ007)

Digital care services (TV, Tablet or Desktop) (SQ008)

There don't seem to be major differences between the countries concerning these. NL seems to have most desktops, IT least. IT also has least tablets. However IT has most smartphones with internet. In IT and SE they don't have many digital cameras compared to UK and NL. NL has most TV with internet. Care services are in general not used. Most other responses were in the line of 'none'.





2. Self-reported usage level

| Field summary for Q12 | | | | | | | | |
|---|-------|------------|--|--|--|--|--|--|
| I would say my technology use level is: | | | | | | | | |
| Answer | Count | Percentage | | | | | | |
| No experience (A1) | 55 | 14.95% | | | | | | |
| Low-level (A2) | 91 | 24.73% | | | | | | |
| Medium-level (A3) | 174 | 47.28% | | | | | | |
| High-level (A4) | 37 | 10.05% | | | | | | |
| Expert level (A5) | 5 | 1.36% | | | | | | |
| No answer | 6 | 1.63% | | | | | | |
| Not completed or Not displayed | 0 | 0.00% | | | | | | |

Per country:

| | A1 | A2 | A3 | A4 | A5 |
|----|----|----|----|----|----|
| UK | 12 | 30 | 47 | 16 | 2 |
| NL | 9 | 16 | 54 | 7 | 0 |
| IT | 15 | 17 | 27 | 9 | 2 |
| SE | 19 | 28 | 46 | 5 | 1 |

We don't see any major deviations per country from the overall averages. IT and SE seem to have more users with no-experience. UK has most high-level users.





3. What is technology used for

| 0 , | | | | | | | |
|---|-----------------------|------------|--|--|--|--|--|
| Field summ | Field summary for Q14 | | | | | | |
| What do you use this technology most for? | | | | | | | |
| Answer | Count | Percentage | | | | | |
| Contact family/Friends (SQ001) | 262 | 71.20% | | | | | |
| Contact support (SQ002) | 45 | 12.23% | | | | | |
| Watch Photo's (SQ003) | 148 | 40.22% | | | | | |
| Watch TV (or catch up) (SQ004) | 137 | 37.23% | | | | | |
| Video calling (SQ005) | 49 | 13.32% | | | | | |
| Social media (SQ006) | 101 | 27.45% | | | | | |
| Word processing (SQ007) | 140 | 38.04% | | | | | |
| Banking (SQ008) | 164 | 44.57% | | | | | |
| Email (SQ009) | 209 | 56.79% | | | | | |
| Shopping (SQ010) | 111 | 30.16% | | | | | |
| Listining to music (SQ011) | 88 | 23.91% | | | | | |
| Browsing on the internet (SQ012) | 177 | 48.10% | | | | | |
| Other Browse | 56 | 15.22% | | | | | |

Boeken/tijdschriften/kranlezen (Read books/magazines/newspapers)

dingenuit te werken en ontwerpen (To document work and design things)

geen technologie aanwezig (No technology here)

nergens voor (No purpose)

Vogels kijken (Watching birds)

Werk (work)





Research for my writing lettura quotidiani (reading newspapers) Lettura quotidiani (Reading newspapers) Creative arts and website building Maintaining databases and web sites Non li uso (Not used) ik gebruik het nooit (Don't use it) Inte alls (not at all) Making appointments / business etc NVT (Not used) Bellen (Calling other people) Non le utilizzo (Don't use them) Verenigingen en Collega's (Assocations and colleagues) Inget svar (no answer) läser tidningar, fuskar med korsord m.m. (Read newspaper and cheat with crosswords etc.) inget svar (no answer) inget svar (no answer) Inga- Demens (not, dementia) Ingetdera (neither) Non le utilizzo (don't use them) inget svar (no answer) inget svar. (no answer) inget svar (no answer) inget svar (no answer) inget svar (no answer) aldrig (never) använder bara vanlig tv. (Just use regular TV)





| google, läser tidningar, pussel. (Google, read newspapers and puzzle). |
|--|
| inget svar (no answer) |
| skyppar i gång i veckan. (Skype weekly) |
| frågesporter (quizzes) |
| inget svar (no answer) |
| inget svar (no answer) |
| inget (no answer) |
| Skapa produkter (Create products) |
| Niente (Don't use them) |
| per lavoro (for work) |
| Conservare piacevoli ricordi (retain pleasant memories) |
| Booking Holidays |
| inget svar (no answer) |
| . (no answer) |
| Family History |
| LEGGO LIBRI (I read books) |
| - (no answer) |
| Spel (Game) |
| 0 (no answer) |
| nulla (no answer) |
| Sport (Sports) |
| Nulla (no answer) |
| . (no answer) |





Per country this means:

| | SQ1 | SQ2 | SQ3 | SQ4 | SQ5 | SQ6 | SQ7 | SQ8 | SQ9 | SQ10 | SQ11 | SQ12 |
|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|------|------|
| UK | 86 | 10 | 38 | 50 | 16 | 23 | 48 | 47 | 68 | 49 | 33 | 64 |
| NL | 64 | 25 | 45 | 45 | 12 | 25 | 38 | 58 | 68 | 33 | 21 | 40 |
| IT | 53 | 9 | 25 | 4 | 4 | 23 | 17 | 16 | 19 | 11 | 10 | 21 |
| SE | 59 | 1 | 40 | 38 | 17 | 30 | 37 | 43 | 54 | 18 | 24 | 52 |





Percentage per country is:

| | SQ1 | SQ2 | SQ3 | SQ4 | SQ5 | SQ6 | SQ7 | SQ8 | SQ9 | SQ10 | SQ11 | SQ12 |
|----|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| UK | 79,63% | 9,26% | 35,19% | 46,30% | 14,81% | 21,30% | 44,44% | 43,52% | 62,96% | 45,37% | 30,56% | 59,26% |
| NL | 72,73% | 28,41% | 51,14% | 51,14% | 13,64% | 28,41% | 43,18% | 65,91% | 77,27% | 37,50% | 23,86% | 45,45% |
| IT | 75,71% | 12,86% | 35,71% | 5,71% | 5,71% | 32,86% | 24,29% | 22,86% | 27,14% | 15,71% | 14,29% | 30,00% |
| SE | 57,84% | 0,98% | 39,22% | 37,25% | 16,67% | 29,41% | 36,27% | 42,16% | 52,94% | 17,65% | 23,53% | 50,98% |

Conclusions per question:

Contact family/Friends (SQ001) : High in all countries, SE lowest

Contact support (SQ002) : Relatively high in NL, others are low

Watch Photo's (SQ003) : Averaging around 35/40%, relatively

high in NL

Watch TV (or catch up) (SQ004) : Low in IT

Video calling (SQ005) : Low in IT, others average +/- 15%

Social media (SQ006) : Around 30%, low in UK

Word processing (SQ007) : Around 44% in UK/NL, lower in IT,

Average in SE.

Banking (SQ008) : High in NL, Low in IT.

Email (SQ009) : High in UK and NL, Lower in SE, Low

in IT.

Shopping (SQ010) High (around 40% in NL and UK), Low

in SE and IT

Listining to music (SQ011) High in UK, Low in IT

Browsing on the internet (SQ012) High in UK and SE, Low in IT





4. Barriers in technology usage

Field summary for Q15 Do you experience any barriers or difficulties concerning the use of technology? Answer Count Percentage Yes (A1) 172 46.74% No (A2) 169 45.92% 152 41.30% Browse No answer 27 7.34% Not completed or Not displayed 0 0.00%

Per country this means:

| | Yes | No | |
|----|-----|----|--|
| UK | 54 | 45 | |
| NL | 38 | 43 | |
| IT | 31 | 39 | |
| SE | 49 | 42 | |





5. Try out new technology

| Field summary for Q17 | | | | | |
|--|-------|------------|--|--|--|
| Do you like to try out new technology and devices? And why | | | | | |
| Answer | Count | Percentage | | | |
| Yes (A1) | 188 | 51.09% | | | |
| No (A2) | 155 | 42.12% | | | |
| Comments | 191 | 51.90% | | | |
| No answer | 25 | 6.79% | | | |
| Not completed or Not displayed | 0 | 0.00% | | | |

Per country

| | Yes | No |
|----|-----|----|
| UK | 53 | 44 |
| NL | 48 | 34 |
| IT | 41 | 29 |
| SE | 46 | 48 |

Similar representation compared to the general overview, SE has slightly more No oriented.