## Deliverable 1.2

## Case finding analyses

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## Project Acronym: ENSAFE

Project full title: Elderly-oriented, Network-based Services Aimed at independent liFE
AAL project number: AAL 2014-1-112
With support of:

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## 1 Summary

The ENSAFE project is initiated to look in to the future of supporting elderly by technology. Elderly are motivated to live at their own home for as long as possible while at the same time the care availability is suppressed. Technology could play a major role to solve this trend and create a beneficial situation. To achieve this we need to know how elderly persons deal with technology and in what parts of their life they would want it to play an important role.

Therefore we asked seniors from Sweden, Italy, United Kingdom and the Netherlands to fulfil a survey. They survey included questions about demographic measures, technology use, daily activities, mobility and health conditions. Around 100 seniors in each country participated in this survey study, which could be done digitally or physically. The most important results and conclusions are presented in the next chapter and will serve as input for the focus groups and service development of the ENSAFE system.

## 2 Results

## Totals:

Full responses: 358
Incomplete responses (definition): 60

Total responses: 418

## Selecting legitimate responses:

From the 60 incomplete responses:

- 40 records were removed because they did not provide any answers.
- 8 were removed because they answered $<10$ questions and did not add substantial content.
- 12 were included in the analysis as they answered $>20$ questions and did add substantial content in each of the relevant fields.

From the 358 complete responses:

- 2 were removed because they answered <20 questions, and did not provide sufficient geographical data.

To conclude:

The total number of participants included was $358+12-2=$

## 368 active records.

## Results

Based on our discussion an analysis of the most relevant questions of the questionnaire were performed.

## Geographical data

## 1. Country of residence

Total 368 participants:
108 from UK, 88 from NL, 70 from IT and 102 from SE.

## 2. Age distribution

| Summary TOTAL |  |  |  |
| :---: | :---: | :---: | :---: |
| In what age category are you? |  |  |  |
| Answer |  | Count | Percentage |
|  | Under 55 (A1) | 14 | 3.80\% |
|  | 55-65 (A2) | 37 | 10.05\% |
|  | 65-75 (A3) | 144 | 39.13\% |
|  | 75-85 (A4) | 131 | 35.60\% |
|  | Above 85 (A5) | 41 | 11.14\% |
|  | Not applicable | 1 | 0.27\% |

Per country:

|  | A1 | A2 | A3 | A4 | A5 |
| :--- | :--- | :--- | :--- | :--- | :--- |
| UK | 8 | 17 | 37 | 43 | 3 |
| NL | 3 | 9 | 48 | 26 | 2 |
| IT | 3 | 9 | 41 | 20 | 7 |
| SE | 0 | 2 | 28 | 42 | 29 |

The only deviation in this data is that among the participants from Sweden there were much more people aged above 85 , and less aged under 65.

## 3. Sex distribution

| Field summary for Q02 |  |  |  |
| :---: | :---: | :---: | :---: |
| What is your sex? |  |  |  |
| Answer |  | Count | Percentage |
|  | Male (A1) | 144 | 39.13\% |
|  | Female (A2) | 224 | 60.87\% |
|  | No answer | 0 | 0.00\% |
| Not completed or Not displayed |  | 0 | 0.00\% |

Per country:

|  | Male | Female |
| :--- | :--- | :--- |
| UK | 48 | 60 |
| NL | 46 | 42 |
| IT | 30 | 40 |
| SE | 30 | 72 |

In general more females participated (expect in the Netherlands), In Sweden a significant more amount of women participated.

## 4. Living situation

| Field summary for Q03 |  |  |
| :---: | :---: | :---: |
| How would you describe your current situation? |  |  |
| Answer | Count | Percentage |
| I live by myself (indepedent) (A1) | 137 | 37.23\% |
| I Live with my partner (A2) | 201 | 54.62\% |
| I live with my children (A3) | 7 | 1.90\% |
| I live in a care home (A4) | 8 | 2.17\% |
| Other Browse | 10 | 2.72\% |

```
Vivo con badante (I live with caregivers)
madre (Mother)
in een zorgomgeving (In a care environment)
zorgomgeving (Care environment)
Retirement Village
korttidsboende var 14:e dag, hemtjänst sitter i rullstol.
(Short term was 14 days , home care in wheelchairs)
änka sedan majmånad 2015 (Widow since may 2015)
Med partner och ett barn (With partner and child)
vivo con il compagno e la figlia (I live with daughter and her boyfriend)
Adult Autistic Daughter
Badante (Caregivers)
Badante (Caregivers)

Per country:
\begin{tabular}{llllll} 
& A1 & A2 & A3 & A4 & Other/no A. \\
UK & 36 & 62 & 2 & 1 & \(4 / 3\) \\
NL & 18 & 67 & 0 & 1 & \(2 / 2\) \\
IT & 16 & 39 & 5 & 5 & \(5 / 0\) \\
SE & 67 & 33 & 0 & 1 & \(1 / 0\)
\end{tabular}

Represents the general statistics, however in Sweden more people live by themselves compared to the other environments.

\section*{5. Level of education}
\begin{tabular}{|c|c|c|}
\hline \multicolumn{3}{|c|}{Field summary for Q04} \\
\hline \multicolumn{3}{|l|}{What is your highest level of qualification?} \\
\hline Answer & Count & Percentage \\
\hline None (SQ001) & 94 & 25.54\% \\
\hline NVQ (SQ002) & 50 & 13.59\% \\
\hline O-level/GCE/GCSE (SQ003) & 86 & 23.37\% \\
\hline A-level (SQ004) & 65 & 17.66\% \\
\hline Degree (SQ005) & 73 & 19.84\% \\
\hline Higher Degree (SQ006) & 27 & 7.34\% \\
\hline Not completed or Not displayed & 14 & 3.80\% \\
\hline
\end{tabular}

This is impossible to access per country as everyone has their own grading system. In general we can say: about \(25 \%\) did not have any education, about \(25 \%\) has a degree or higher degree, about \(50 \%\) is in between these.

\section*{Technology}
1. Technology is used for

```

niets aanwezig van dit alles (none of these)
geen (none)
Mobiele telefoon (mobile phone)
HAM shortwave radio (Radio)
Telefono di casa fisso (Landline)
Televisione (TV)
Radio (Radio)
NVT (not applicable)
TV (TV)

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                                    Field summary for Q11
                                    What technology do you use?
    ```

Answer

Niente (No)
Lap top (laptop)
ej it p.g.a synbortfall
Inga- Demens (none, Dementia)
Ingetdera (None of these)
nessuno (none)
inget svar (no answer)
inget svar (no answer)
inget svar (no answer)
inget av dessa (None of these)
inget svar (no Answer)
hemtjänst (home care)
gammal dator för att skriva memoaret (Old computer to write memoaret)
inget svar (No Answer)
nessuno (none)
Fotocamera digitale (Digital Camera)
beställer mat (order food)
inget svar (No answer)
nessuna (None)
Nessuna (None)

DROGRAMME

Per country (Number and percentage):
\begin{tabular}{|c|c|c|c|c|c|c|c|c|c|}
\hline & \begin{tabular}{l}
SQ001: \\
Desktop
\end{tabular} & \begin{tabular}{l}
SQ002: \\
M. Pho.
\end{tabular} & \begin{tabular}{l}
SQ003: \\
Tablet
\end{tabular} & \[
\begin{aligned}
& \text { SQ004: } \\
& \text { e-read. }
\end{aligned}
\] & \begin{tabular}{l}
SQ005: \\
S. Pho
\end{tabular} & \[
\begin{aligned}
& \text { SQ006: } \\
& \text { Dig. Ca. }
\end{aligned}
\] & \begin{tabular}{l}
SQ007: \\
TV w. In
\end{tabular} & \begin{tabular}{l}
SQ008: \\
Care S
\end{tabular} & Other: \\
\hline UK & 61 56,48\% & 74 68,52\% & 56 51,85\% & \[
\begin{aligned}
& 16 \\
& 14,81 \%
\end{aligned}
\] & \[
\begin{aligned}
& \hline 36 \\
& 33,33 \%
\end{aligned}
\] & \[
\begin{aligned}
& \hline 53 \\
& 49,07 \%
\end{aligned}
\] & 26 24,07\% & \begin{tabular}{l}
\[
3
\] \\
2,78\%
\end{tabular} & X \\
\hline NL & 69 78,41\% & 54 61,36\% & 52 59,09\% & \[
\begin{aligned}
& 12 \\
& 13,64 \%
\end{aligned}
\] & \[
\begin{aligned}
& \hline 29 \\
& 32,95 \%
\end{aligned}
\] & \[
\begin{aligned}
& 42 \\
& 47,73 \%
\end{aligned}
\] & 43 48,86\% & \begin{tabular}{l}
\[
4
\] \\
4,55\%
\end{tabular} & X \\
\hline IT & 25 35,71\% & 37 52,86\% & 22 31,43\% & \[
\begin{aligned}
& 12 \\
& 17,14 \%
\end{aligned}
\] & \[
\begin{aligned}
& \hline 30 \\
& 42,86 \%
\end{aligned}
\] & \[
\begin{aligned}
& 11 \\
& 15,71 \%
\end{aligned}
\] & 10 14,29\% & \begin{tabular}{l}
\[
4
\] \\
5,71\%
\end{tabular} & X \\
\hline SE & 48 47,06\% & 73 71,57\% & 56 54,90\% & 10,98\% & \[
\begin{aligned}
& 21 \\
& 20,59 \%
\end{aligned}
\] & \[
\begin{aligned}
& \hline 22 \\
& 21,57 \%
\end{aligned}
\] & 11 10,78\% & \[
1
\]
\[
0,98 \%
\] & X \\
\hline
\end{tabular}

Desktop computer (SQ001)

Mobile phone (SQ002)

Tablet (SQ003)
e-reader (SQ004)

Mobile smartphone (with internet) (SQ005)

Digital Camera (SQ006)

TV with internet (SQ007)

Digital care services (TV, Tablet or Desktop) (SQ008)

There don't seem to be major differences between the countries concerning these. NL seems to have most desktops, IT least. IT also has least tablets. However IT has most smartphones with internet. In IT and SE they don't have many digital cameras compared to UK and NL. NL has most TV with internet. Care services are in general not used. Most other responses were in the line of 'none'.
2. Self-reported usage level
\begin{tabular}{|c|c|c|c|}
\hline \multicolumn{4}{|c|}{Field summary for Q12} \\
\hline \multirow[b]{2}{*}{Answer} & \multicolumn{3}{|l|}{I would say my technology use level is:} \\
\hline & & Count & Percentage \\
\hline & No experience (A1) & 55 & 14.95\% \\
\hline & Low-level (A2) & 91 & 24.73\% \\
\hline & Medium-level (A3) & 174 & 47.28\% \\
\hline & High-level (A4) & 37 & 10.05\% \\
\hline & Expert level (A5) & 5 & 1.36\% \\
\hline & No answer & 6 & 1.63\% \\
\hline Not compl & ted or Not displayed & 0 & 0.00\% \\
\hline
\end{tabular}

Per country:
\begin{tabular}{llllll} 
& A1 & A2 & A3 & A4 & A5 \\
UK & 12 & 30 & 47 & 16 & 2 \\
NL & 9 & 16 & 54 & 7 & 0 \\
IT & 15 & 17 & 27 & 9 & 2 \\
SE & 19 & 28 & 46 & 5 & 1
\end{tabular}

We don't see any major deviations per country from the overall averages. IT and SE seem to have more users with no-experience. UK has most high-level users.
3. What is technology used for

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Research for my writing
lettura quotidiani (reading newspapers)
Lettura quotidiani (Reading newspapers)
Creative arts and website building
Maintaining databases and web sites
Non li uso (Not used)
ik gebruik het nooit (Don't use it)
Inte alls (not at all)
Making appointments / business etc
NVT (Not used)
Bellen (Calling other people)
Non le utilizzo (Don't use them)
Verenigingen en Collega's (Assocations and colleagues)
Inget svar (no answer)
läser tidningar, fuskar med korsord m.m. (Read newspaper and cheat with crosswords etc.)
inget svar (no answer)
inget svar (no answer)
Inga- Demens (not, dementia)
Ingetdera (neither)
Non le utilizzo (don't use them)
inget svar (no answer)
inget svar. (no answer)
inget svar (no answer)
inget svar (no answer)
inget svar (no answer)
aldrig (never)
använder bara vanlig tv. (Just use regular TV)

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google, läser tidningar, pussel. (Google, read newspapers and puzzle).
inget svar (no answer)
skyppar i gång i veckan. (Skype weekly)
frågesporter (quizzes)
inget svar (no answer)
inget svar (no answer)
inget (no answer)
Skapa produkter (Create products)
Niente (Don't use them)
per lavoro (for work)
Conservare piacevoli ricordi (retain pleasant memories)
Booking Holidays
inget svar (no answer)
. (no answer)
Family History
LEGGO LIBRI (I read books)

- (no answer)
Spel (Game)
O (no answer)
nulla (no answer)
Sport (Sports)
Nulla (no answer)
. (no answer)

```

Per country this means:
\begin{tabular}{|l|l|l|l|l|l|l|l|l|l|l|l|l|}
\hline & SQ1 & SQ2 & SQ3 & SQ4 & SQ5 & SQ6 & SQ7 & SQ8 & SQ9 & SQ10 & SQ11 & SQ12 \\
\hline UK & 86 & 10 & 38 & 50 & 16 & 23 & 48 & 47 & 68 & 49 & 33 & 64 \\
\hline NL & 64 & 25 & 45 & 45 & 12 & 25 & 38 & 58 & 68 & 33 & 21 & 40 \\
\hline IT & 53 & 9 & 25 & 4 & 4 & 23 & 17 & 16 & 19 & 11 & 10 & 21 \\
\hline SE & 59 & 1 & 40 & 38 & 17 & 30 & 37 & 43 & 54 & 18 & 24 & 52 \\
\hline
\end{tabular}

Percentage per country is:
\begin{tabular}{rrrrrrrrrrrrr} 
& SQ1 & SQ2 & SQ3 & SQ4 & SQ5 & SQ6 & SQ7 & SQ8 & SQ9 & SQ10 & SQ11 & SQ12 \\
UK & \(79,63 \%\) & \(9,26 \%\) & \(35,19 \%\) & \(46,30 \%\) & \(14,81 \%\) & \(21,30 \%\) & \(44,44 \%\) & \(43,52 \%\) & \(62,96 \%\) & \(45,37 \%\) & \(30,56 \%\) & \(59,26 \%\) \\
NL & \(72,73 \%\) & \(28,41 \%\) & \(51,14 \%\) & \(51,14 \%\) & \(13,64 \%\) & \(28,41 \%\) & \(43,18 \%\) & \(65,91 \%\) & \(77,27 \%\) & \(37,50 \%\) & \(23,86 \%\) & \(45,45 \%\) \\
IT & \(75,71 \%\) & \(12,86 \%\) & \(35,71 \%\) & \(5,71 \%\) & \(5,71 \%\) & \(32,86 \%\) & \(24,29 \%\) & \(22,86 \%\) & \(27,14 \%\) & \(15,71 \%\) & \(14,29 \%\) & \(30,00 \%\) \\
\hline SE & \(57,84 \%\) & \(0,98 \%\) & \(39,22 \%\) & \(37,25 \%\) & \(16,67 \%\) & \(29,41 \%\) & \(36,27 \%\) & \(42,16 \%\) & \(52,94 \%\) & \(17,65 \%\) & \(23,53 \%\) & \(50,98 \%\)
\end{tabular}

\section*{Conclusions per question:}
\begin{tabular}{ll} 
Contact family/Friends (SQ001) & : High in all countries, SE lowest \\
Contact support (SQ002) & : Relatively high in NL, others are low \\
Watch Photo's (SQ003) & \begin{tabular}{l} 
: Averaging around 35/40\%, relatively \\
high in NL
\end{tabular} \\
Watch TV (or catch up) (SQ004) & : Low in IT \\
Video calling (SQ005) & : Low in IT, others average +/-15\% \\
Social media (SQ006) & \begin{tabular}{l} 
: Around 30\%, low in UK
\end{tabular} \\
Word processing (SQ007) & \begin{tabular}{l} 
Around 44\% in UK/NL, lower in IT, \\
Average in SE.
\end{tabular} \\
Banking (SQ008) & \begin{tabular}{l} 
: High in NL, Low in IT.
\end{tabular} \\
Email (SQ009) & \begin{tabular}{l} 
: High in UK and NL, Lower in SE, Low \\
in IT.
\end{tabular} \\
Shopping (SQ010) & \begin{tabular}{l} 
High (around 40\% in NL and UK), Low \\
in SE and IT
\end{tabular} \\
Listining to music (SQ011) & \begin{tabular}{l} 
High in UK, Low in IT
\end{tabular} \\
Browsing on the internet (SQ012) & High in UK and SE, Low in IT
\end{tabular}
4. Barriers in technology usage

\section*{Field summary for Q15}

Do you experience any barriers or difficulties concerning the use of technology?
\begin{tabular}{|c|c|c|}
\hline Answer & Count & Percentage \\
\hline Yes (A1) & 172 & 46.74\% \\
\hline No (A2) & 169 & 45.92\% \\
\hline Comments Browse & 152 & 41.30\% \\
\hline No answer & 27 & 7.34\% \\
\hline Not completed or Not displayed & 0 & 0.00\% \\
\hline
\end{tabular}

Per country this means:
\begin{tabular}{lll} 
& Yes & No \\
UK & 54 & 45 \\
NL & 38 & 43 \\
IT & 31 & 39 \\
SE & 49 & 42
\end{tabular}
5. Try out new technology
\begin{tabular}{|c|c|c|c|c|c|}
\hline \multicolumn{6}{|c|}{Field summary for Q17} \\
\hline \multicolumn{6}{|c|}{Do you like to try out new technology and devices? And why ...} \\
\hline \multicolumn{4}{|c|}{Answer} & Count & Percentage \\
\hline & & & Yes (A1) & 188 & 51.09\% \\
\hline & & & No (A2) & 155 & 42.12\% \\
\hline \multicolumn{4}{|r|}{Comments Browse} & 191 & 51.90\% \\
\hline & & & No answer & 25 & 6.79\% \\
\hline \multicolumn{4}{|r|}{Not completed or Not displayed} & 0 & 0.00\% \\
\hline \multicolumn{6}{|l|}{Per country} \\
\hline & Yes & & & & \\
\hline UK & 53 & 4 & & & \\
\hline NL & 48 & 3 & & & \\
\hline IT & 41 & 2 & & & \\
\hline SE & 46 & 4 & & & \\
\hline
\end{tabular}

Similar representation compared to the general overview, SE has slightly more No oriented.```

