

Clinically-validated INtegrated Support for Assistive Care and Lifestyle Improvement: the Human Link -vINCI



DIGITAL SKILLS QUESTIONNAIRE

1. GENERAL INFORMATION

A. Critica	l questions						
1. What ty Please put	pes of Information an X.	& Communica	ation Tec	chnologies	(ICT) devic	es do you have	e at home?
☐ Deskto	p computer						
☐ Laptop	computer						
☐ Smartp	hone device						
☐ Tablet	device						
Other 1	ICT devices						
	o you appreciate your your your and it		knowledge	e in using	a computer	/ laptop / tab	olet / other
		Very lov	w L	ow	Well	Good	High
	Desktop]		
	Laptop]		
Devices	Smartphone						
	Tablet	<u> </u>		<u>L</u>	<u> </u>		Ц
	Other devices						
•	use any of the follo you use it.	wing technol	logies on	your daily	routine? If	yes please als	so indicate
		Everyday	Often	At least once a week	At least once a month	Just once or sometimes	Never
	Desktop						
	Laptop						
Devices	Smartphone						

4. Do you have Internet and wireless access at home? Please put an X.

Internet	☐ Tel. line	Cable	☐ Satellite	☐ Mobile	Other	□ No
Wireless access	☐ Full house	coverage	☐ Partial ho	use coverage		□ No

Tablet Other



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B. DIGITAL SKILLS

COMPE	TENCE AREAS	YES	NO
INFORM	ATION		
1.	I can look for information online using a search engine.		
2.	I know not all online information is reliable.		
3.	I can save or store files or content (e.g. text, pictures, music, videos, web pages) and retrieve them once saved or stored		
COMMU	INICATION		
4.	I can communicate with others using mobile phone, Voice over IP (e.g. Skype) e-mail or chat – using basic features (e.g. voice messaging, SMS, send and receive e-mails, text exchange)		
5.	I can share files and content using simple tools		
6.	I know I can use digital technologies to interact with services (as governments, banks, hospitals).		
7.	I am aware of social networking sites and online collaboration tools.		
8.	I am aware that when using digital tools, certain communication rules apply (e.g. when commenting, sharing personal information		
CONTEN	IT CREATION		
9.	I can produce simple digital content (e.g. text, tables, images, audio files) in at least one format using digital tools.		
10.	I can make basic editing to content produced by others.		
11.	I know that content can be covered by copyright.		

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12.	I can apply and modify simple functions and settings of software and applications that I use (e.g. change default settings).	
SAFETY		
13.	I can take basic steps to protect my devices (e.g. using antiviruses and passwords)	
14.	I am aware that my credentials (username and password) can be stolen	
15.	I know I should not reveal private information online	
16.	I know that using digital technology too extensively can affect my health.	
PROBLE	M SOLVING	
17.	I can find support and assistance when a technical problem occurs or when using a new device, program or application.	
18.	I know how to solve some routine problems (e.g. close program, re-start computer, re-install/update program, check internet connection).	
19.	I know that digital tools can help me in solving problems. I am also aware that they have their limitations.	
20.	When confronted with a technological or non-technological problem, I can use the digital tools I know to solve it.	

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